



Health and Wellness

Career Discovery Report

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Career Discovery Report

Choosing a career that's right for *you*

Suitability for a career is determined by several factors, including your personality style. If you choose a career based on your natural talents you will be more productive and happier at work. When your strengths match the job it's a 'good fit'. The trick is to discover your 'right fit' early in your career.

In our research, we've found that certain personality styles tend to do well in certain jobs. That's because each job has a 'personality profile' of its own. The closer a person's style matches the job they are required to do, the happier, more productive and less stressed they will be.

Reasons to join the Health and Wellness Industry

Health

- Market research firm IBIS World placed natural health in the top five growth industries in Australia in 2010
- Roy Morgan data from August 2010 showed the number of Australians using alternative health services grew by 40% over the past ten years.
- The Australian Bureau of Statistics (ABS) estimates that three-quarters of a million people see complementary therapists each year.

Beauty

- The beauty industry is thriving and is the third largest in the world.
- 93% of College of Natural Beauty graduates secure employment during their studies or on completion of the studies within the industry - we work with professionals and companies to make sure that our courses are current and meet professional and industry standards.

Fitness

- Growth is expected to continue for fitness industry services as our population grows and ages, the government invests in preventative health and infrastructure and improved links are created between the health and fitness sectors.
- The most recent Sportspeople Salary Survey shows over 85% of fitness professionals were either satisfied or very satisfied with their job. Whether you are helping someone lose weight, recover from injury or improve their general wellbeing, it feels amazing to help others achieve their fitness goals.

How Study Group can help you find your perfect career

Pursuing your dream career is a rewarding experience and one that can take years to realise. Endeavour College of Natural Health, College of Natural Beauty and FIAFitnation (part of the Study Group) are here to help you take the first steps to achieve your dream by offering the following study options:

Endeavour College of Natural Health offers Bachelor of Health Science degrees in Naturopathy, Nutritional Medicine, Musculoskeletal Therapy, Acupuncture as well as a Bachelor of Complementary Medicine. VET qualifications are also available in Massage Therapy, Population Health and Homeopathy.

The College of Natural Beauty offers a Certificate IV and Diploma of Beauty Therapy and a Diploma of Salon Management.

FIAFitnation offers a Certificate III and IV in Fitness and diplomas in Nutrition and Dietetics for Personal Trainers, Fitness and Remedial Massage.

Finding out more information

We pride ourselves on nurturing our students throughout their educational journey as they discover the future of wellness.

If you need further information about your study area of interest or if you have questions about FEE-HELP, flexible study options and payment plans to suit your circumstances please complete our [enquiry form](#) or call 1300 462 887 to speak to an Admissions Advisor.

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Career Discovery

The Career Discovery process is a preference-based survey that determines your personality style. Knowing your personality style gives you a distinct advantage when deciding on a career path for your future.

Career Discovery uses four style identifiers: (D) DRIVER, (P) PROMOTER, (S) SUPPORTER and (A) ANALYSER. When blended together in varying percentages, these four personality styles make us who we are.

Here are the key strengths of each style.



Drivers have a high desire to achieve. They are self-motivated, independent and highly individualistic. They like a fast-paced environment. They enjoy competition and challenge. They want to do it their way.



Promoters are independent, outgoing individuals who like socialising and meeting people. They are enthusiastic and optimistic. They make friends easily and are inspirational and popular.



Supporters are dependable, practical and kind people. They want to help others. They prefer to work in teams and they dislike rapid change. They prefer a secure and constant environment that is free of conflict.



Analysers are perfectionists who look to systems, rules and order within a structured environment. They are accurate and precise. They are reserved, detailed and logical, and follow rules and standards.

One style is not better than another

Most people prefer to think, communicate and behave in a different way to you. Often the way you personally 'prefer to do things' may not be the way others 'prefer to do things'. This doesn't make them better or worse, just different.

To do well in life you need to recognise these differences and understand that when people act differently it's not because they don't like you, it's just the way they do things.

Understanding people differences is essential to your personal and career success.



Add to your résumé

This icon indicates suggested content to include in your résumé.

Your style is

Dominant Style	Backup Style
Supporter	Analysers

This report identifies your personality style as a **Supporter** **Analysers**. It is based on the answers you gave to the survey and will help you understand who you are and the natural talents you possess.

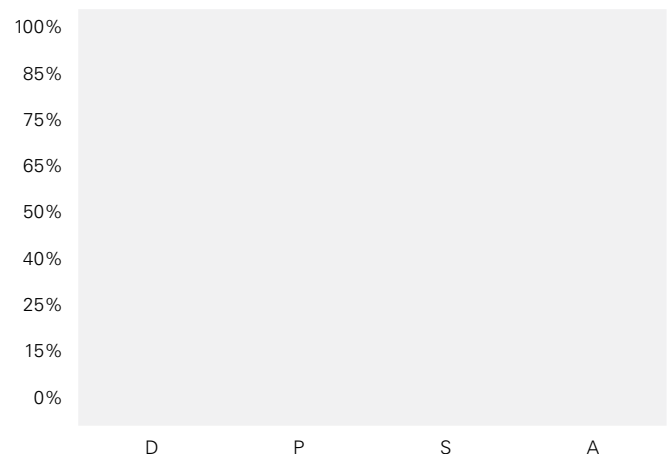
Most people are a combination of two styles and having both provides additional talents and an ability to utilise either at the appropriate time.

The first style is your Dominant style. This is the one that governs how you behave most of the time. The second style (if you have one) is your Backup style.

It's like your co-pilot and kicks in when there's a need for balance and sound decision making.

Your style intensity

People are a blend of four styles and each style has its own level of intensity.



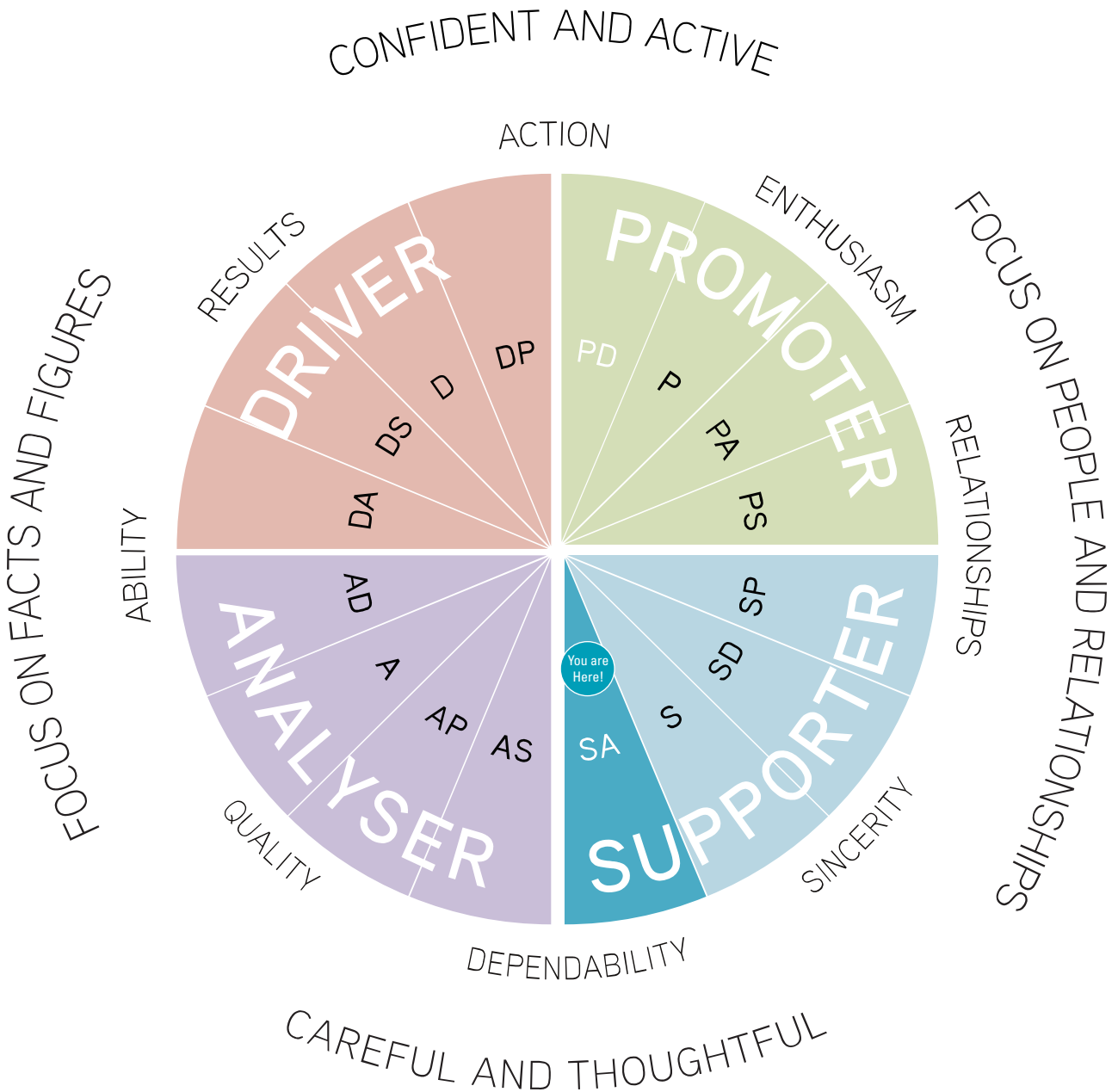
The intensity percentages in this graph indicate how strongly each style influences your behaviour.

The highest percentage is your Dominant style. You can have one or two Backup styles. When styles are of equal percentage the order of priority is D, P, S then A.

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Career Personality Wheel



How to interpret your Career Personality Wheel

The Map is divided into the four Career Discovery styles, DRIVER | PROMOTER | SUPPORTER | ANALYSER and combinations of each style (DA, DP, DS etc.). Your style is shown as 'YOU ARE HERE'. The outer circle represents 'what you focus on' and 'how you approach life'. A **Driver** focuses on facts and figures and is confident and active; a **Supporter** focuses on people and relationships and is careful and thoughtful. The inner circle represents 'what's important to you' - for **Drivers** it's results and for **Promoters** it's enthusiasm.

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Health and Wellness Career Paths

The following are some of the top Health and Wellness career paths. We recommend that you visit the links for each career to discover and explore the opportunities available to you.

Naturopath

Job Description

Naturopathy is a holistic healthcare approach rapidly gaining popularity in Australia. Naturopathy draws on an array of natural therapies to support healing and maintain health by addressing physical, mental, emotional and spiritual factors.

Qualifications

Bachelor of Health Science (Naturopathy)

More course information



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Nutritionist

Job Description

The Nutritional Medicine practitioner views food, diet and nutritional supplements from the perspective of their therapeutic potential, providing dietary advice to clients and prescribing nutritional supplements to assist in the treatment of a broad range of health conditions.

Qualifications

Bachelor of Health Science (Nutritional Medicine)

More course information



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Acupuncturist

Job Description

The Acupuncture Practitioner restores the harmonious flow of energy by influencing the acupuncture points with needles, lasers, or finger pressure.

Qualifications

Bachelor of Health Science (Acupuncture)

More course information



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Musculoskeletal Therapist

Job Description

Many musculoskeletal therapists treat clients in their own clinic or work from a multi-modality clinic in consultation with other registered healthcare providers. Musculoskeletal therapists generally specialise in acute injury and pain management and rehabilitation and treat symptoms associated with the nervous, muscular or skeletal systems.

Qualifications

Bachelor of Musculoskeletal Therapy

More course information



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Massage Therapist

Job Description

The majority of massage therapy graduates work as practitioners in a variety of settings, including resorts, spas, cruise ships and gyms, where they provide relaxation massage to clients. Graduates often choose to practice as sole traders or as part of a multidisciplinary practice with other healthcare professionals.

Qualifications

Certificate IV in Massage Therapy Practice, Diploma of Remedial Massage
Diploma of Traditional Chinese Medicine Remedial Massage (An Mo Tui Na)

More course information



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Beauty Therapist

Job Description

Provides beauty treatments in advanced facial techniques, Indian Head Massage, Application of Reflexology in Beauty Therapy, Aromatherapy Massage, Nutrition, Cosmetic Chemistry and Spa Therapies in a range of settings.

Qualifications

Diploma of Beauty Therapy, Diploma of Salon Management, Certificate IV in Beauty Therapy

More course information



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Personal Trainer

Job Description

An exercise professional with the knowledge and experience to offer advice and guidance in the areas of exercise and fitness. Personal Trainers may work as sole traders or as part of a larger organisation.

Qualifications

Certificate III in Fitness, Certificate IV in Fitness, Diploma of fitness,
Diploma of Nutrition and Dietetics for Personal Trainers, Diploma of Remedial Massage

More course information



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Suggested career options

Use this page to explore and discover information about the careers and occupations that match your **Supporter Analyser** strengths.

In listing occupations that are popular among **Supporter Analysers**, it's important to note that there are successful people of all styles in all occupations; however the following are careers **Supporter Analysers** may find satisfying.

To find out more about the career you are matched with access the Careers listed on Endeavour College's Careers Service [website](#):

Allied Health Assistant	Educator	Nutritional Coach
Blogger/Writer	Food Technologist	Personal Training Manager
Beauty Therapist	Gym Instructor	Physiotherapy Clinic Assistant
Clinical Assistant	Health Fund Specialist	PT Rehabilitation Specialist
Clinical Practitioner	Health Retreat Therapist	Rehabilitation Specialist
Corporate Health Food Caterer	Hotel Resort Therapist	Safety & Compliance Officer
Corporate Nutritional Coach	Lab Technician	Yoga Instructor
Cosmetic Surgery Clinician	Massage Therapist	

Other Health and Wellness Careers for you to explore include:

Club Fitness Manager	Hotel Resort Therapist	Product Marketing
Corporate Fitness Director	Media Journalist	PT Fitness Nutritional Coach
Corporate Personal Trainer	National Fitness Manager	Researcher
Fitness Instructor	Natural health product marketing consultant	Sales Representative
Group Exercise Instructor	Outdoor Boot Camp Instructor	Sports Team Physical Conditioner
Health Club Manager	Policy Advisor	
Health Coach	Product Development	
Health Store Manager		

Select the following links to find the full range of courses that you are able to study at the Endeavour College of Natural Health, FIAFitnation and College of Natural Beauty:

[Endeavour College of Natural Health](#)

[FIAFitnation](#)

[College of Natural Beauty](#)

Ok, so I'm a **Supporter Analyser**.



Supporter Analysers are caring people who accept others for who they are.

You like to check things out first. You won't rush into making a decision because you like to think about it first. You are easy to talk to and a great listener who is ready to help others even if you are busy and don't really have the time. You are cautious and don't like to be pressured. Your easy going nature makes you a friendly thoughtful person who is strong on relationships. You are patient and a wonderful team player who doesn't need to be the centre of attention.

Your loyalty and dependability are your strengths. If you say you'll do something, you do it. You can be quiet but you have strong views that guide you. You like it when people work together in harmony and you will stick with what works. You have a curious and enquiring mind that gives you the natural strengths to be accurate, structured and inventive. You like to follow rules and do things in a logical way. You enjoy your own company where you can read and discover things. You are a creative and something of an inventor. Your talent to think things through makes you a great problem solver. It also allows you to come up with interesting ideas. You persist with something until you become expert at it.

You set high standard for yourself and this can be tough on you as you want things to be perfect and correct. You enjoy being a specialist. As a child your school report probably said "polite and quiet, helpful and kind".

Words that describe *you*

Careful, moderate, compliant, orderly, logical, perfectionist, conventional, dependable, deliberate, reliable, patient, predictable, kind, easygoing, even-tempered, steady, thorough, accurate, quiet, factual, sincere and loyal.

What People say about *you*

- You are a caring person
- You want to know what to expect
- You don't rush into decisions
- You go out of your way to get along with people
- You are a good listener
- You will always follow through
- You are a trusting person
- You give people the benefit of the doubt
- You tend to be a quiet person
- You set high standards
- You always try to do your best work
- You like things to be organised
- You do things in a logical way
- You enjoy spending time by yourself

What *you* are good at



- Being sincere
- Being even-tempered
- Emphasising loyalty
- Building relationships
- Providing dependability
- Being a team player
- Working carefully
- Being thorough
- Solving problems
- Organising projects
- Thinking logically
- Evaluating situations

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Ideal job environment

Supporter Analysers are best where:

- Relationships can be developed
- They receive recognition for tasks completed and done well
- The environment is stable and predictable
- The environment allows time for change
- Critical thinking is needed
- Tasks can be followed through to completion
- Technical work is required
- They have a close relationship with a small group of fellow workers
- Quality and standards are important
- There's time to think

Things *you* like

- When people work together and get along
- To work on one thing at the time
- To know what will happen next
- To finish what you start
- When people appreciate you
- Practical ideas and suggestions
- Doing things you know you're good at
- Clear directions so that you don't make mistakes
- To do things step by step
- To be organized

Your work-related strengths



- Accuracy and desire to get the job done right the first time
- Ready to follow routines and policies
- Ability to work alone
- Good organisational skills
- Thoroughness and close attention to specifics, facts and details
- Strong sense of responsibility – you can be counted on to do what you say
- Strong work ethic – you feel it's important to be efficient and productive
- Determined to reach your goals
- A commonsense and realistic behaviour

The qualities *you* bring to a job



- You show patience
- You are loyal
- You are hard-working and dependable
- You are good at solving conflicts
- You produce accurate and precise work
- You follow directions and standards
- You are excellent at producing quality work
- You focus on detail
- You enjoy working to guidelines
- You stick to procedures and policies



How you make a difference

You make a difference by *'being yourself'*. Being yourself means using your strengths and the things you're good at. But being yourself is not enough. You need to have skills and qualifications so that you can utilise your strengths to be the best you can be.

People with a **Supporter Analyser** style similar to yours make a difference by:

Caring about others

You are genuinely concerned about others and will come to the aid of those less fortunate or in distress. You make a difference by helping to create a kinder, more sympathetic and environmentally friendly place to live and work.

Being in control

Your natural administrative skills help you to make a difference, utilising your organisational skills and your tendency to be tidy and have "to do" lists and checklists.

Being there for others

You make a difference by helping others and you are prepared to drop whatever you're doing to be there for them in difficult situations. You accept people for who they are.

Always being friendly

You make a difference by making sure that everyone is involved and no one is left out. You contribute positively to the team. Your friendly nature makes you a fun person to have around and one who can solve conflict and ensure harmony.

Showing loyalty

You are a trusted and loyal person who is good at keeping confidentiality. The difference you make is to be a trusted confidant and adviser.

Moving one step at a time

You generally tend to work through problems and tasks one step at a time. You work logically and encourage slow but steady progress. You make a difference by being orderly and systematic.

Applying rules

You respect authority and are willing to use your authority with a sense of fairness. You understand that rules are meant to be followed because they create order and a method by which things get done. You make a difference by sticking to procedures and systems.

Keeping things simple

You make a difference by using your natural talent to produce timetables, plans and goals. You make things easier by simplifying procedures. You have an ability to identify the steps needed to implement a plan and to set out the things that need to be done.

Getting it done on time

You are realistic and strive for results such as getting things done on time, or saving money or figuring out how to be more productive. You want to see tasks completed efficiently. You make a difference by ensuring that things are done correctly and dead- lines are met.

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What's next?

Need help choosing the right health and wellness career path?

Our Admission Advisors can help you with:

- Practical, expert advice on how you can get there.
- Exploring your options.
- Planning an individual education and career pathway to achieve your goals.
- Other questions or concerns relating to your study.

*You can contact an Admissions Advisor through completing the online [enquiry form](#) or phone us today on **1300 462 887**.*



“ Since graduating from Endeavour College as a naturopath. I've built a range of 30 organic, fair trade tea blends, secured more than 150 stockists around the country and created a thriving online business. ”

Emma Watson
Endeavour College Graduate, Bachelor of Health Science (Naturopathy) and creator of Love Chai Love Tea

careers.endeavour.edu.au

Your Career Report

Thank you for completing your career personality survey. We trust this report helped you identify your strengths and talents, and the careers that best match your personality style.

Understanding who you are and what you're naturally good at are closely linked to your career success. Finding a career that you are passionate about, that you'll love, and that matches who you are, should be your goal. Good luck with your career.

Your Career Report is based entirely on your answers to the survey and is intended as general information about you and to help you choose a career and the courses that match. Career Discovery makes no warranties, express or implied about the accuracy or reliability of this report. For personal assistance, speak with your careers adviser or a professional career counsellor. Career Discovery does not view or keep copies of your report. Career Discovery is a product of MyProfile Pty Ltd an industry leader in online assessments for careers and job matching.

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start your Health and
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